

When it becomes challenging to provide care alone, caregivers for older adults often struggle with decisions of maintaining caregiving at home, adding an adult day care program or transitioning care to an assisted living facility. RoseCrest's Flexible Assisted Living program provides an innovative and affordable alternative to traditional adult day care and full-time assisted living.

RoseCrest Flexible Assisted Living is an alternative solution for older adult participants and their caregivers to customize a part-time assisted living program to best fit their individual needs. A person may enroll in the program, stay for several hours over a few days or nights each a week, and remain at home as desired. During their stay, participants benefit from all regular assisted living services such as access to licensed nursing staff, assistance with personal care, dressing, bathing, personal hygiene, and medication management. Participants enjoy the comfort of their own companion suite allowing RoseCrest to be their "home away from home." Healthy & tasty meals and refreshments are included throughout the stay. A full schedule of wellness programs and activities encourages participants to remain engaged in life while cultivating new friendships.

Flexible Assisted Living is available seven days-a-week, 365-days-a-year. Early arrival and later departure times can be accommodated. Extended and overnight stays are also available. Physical, occupational and speech therapies, beauty and barber services are available onsite for additional fees. Transportation to and from RoseCrest can be arranged for an additional nominal fee. As needs change, arrangements can be made to stay longer & more often.

In the secured Memory Support unit, caregivers certified in the Alzheimer's Association's 'essentiALZ' program understand the care approaches to best meet the unique needs of people with memory concerns.



RoseCrest Flexible Assisted Living offers affordable alternatives to adult day care or fulltime assisted living.



- Stay at RoseCrest for several hours
- over a few days/nights each week and stay at home as desired
- Customized schedules to meet family needs
- · Rates start at \$60/ day with minimum (3) day stay / week

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RoseCrest.org

Learn more.

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