

SENIOR *Companions*

*Seniors and volunteers are invited
to learn more by contacting:*

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SENIOR COMPANIONS

A ministry of presence that matches seniors with volunteers whose friendship adds vitality and meaning to their lives

OUR SERVICE...

- Offers free non-medical support based on authentic mutual relationship
- Enables seniors to age in their own homes but stay connected to the community
- Honors participants' schedules with flexible hours and maximum convenience
- Pairs seniors and volunteers on the basis of shared interests and geographic proximity
- Celebrates the joy and wisdom of life at every age and stage
- Alleviates loneliness and creates opportunities for shared fun and new experiences