

CHECKLIST

ALZHEIMERS CARE SELECTION CRITERIA

ADMISSION/DISCHARGE CRITERIA

- What limits are there on admission (must the person be able to walk, diagnosis etc.)
- What would make the facility ask my loved one to move off the unit?
- Will I get these criteria in writing

PROGRAM PHILOSOPHY AND GOALS:

- Minimum use of restraints and medications
- Ensure dignity, safety and family involvement

PLAN OF CARE

- Customized for each resident
- Planning involves a “team” approach

STAFF

- Full-time program director and activity director
- Knowledgeable of disease process and care techniques
- Ongoing education and training by well informed professional sources
- Staff to resident ratio – all 3 shifts
- Specialist in dementia care

PROGRAM STRUCTURE

- Individually tailored activities 7 days/week
- Activities focused on resident abilities
- Large group, small group and one to one caregiver to resident ratio

ENVIRONMENT

- Self-contained, secure, cheerful, calm
- Enclosed courtyard/backyard
- Separate dining and activity space
- Simple floor plan with visual cues
- No odors

NUTRITION

- Between meal snacks
- Family style dining
- Food presentation techniques that ease and encourage eating

FAMILY SERVICES

- Support group meetings
- Education, counseling
- Newsletter
- Involvement in care planning

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