

CHECKLIST

ASSISTED LIVING CONSIDERATIONS

Assisted Living Residence means “Any group housing and services program for two or more unrelated adults, by whatever name it is called.” The State Division of Health Services Regulation

The assisted living program makes available at a minimum one meal a day, housekeeping services and provides personal care services directly or through a formal written agreement with one or more licensed home health agencies. Nursing services provided to an individual in an assisted living residence may not exceed those allowed under Medicare home health regulations. There are two types of assisted living residences listed in this Guide:

ADULT CARE HOME

This is an assisted living residence in which the housing management provides 24-hour scheduled and unscheduled personal care services to two or more residents, either directly or for scheduled needs, through formal written agreements with licensed home care or hospice agencies. Formerly called Domiciliary Homes, adult care homes are commonly called “Rest Homes” and are licensed by the North Carolina Department of Health and Human Services to provide assistance with daily activities of living and are monitored by the County Department of Social Services for compliance with minimum regulatory standards.

MULTIUNIT ASSISTED HOUSING WITH SERVICES

This type of housing provides hands-on personal care services and nursing services, which are arranged by housing management and are provided by a licensed home care or hospice agency through an individualized written care plan. The N.C. Department of Health and Human Services maintains a registry of these facilities. The State Division of Health Services Regulation DOES NOT LICENSE THEM.

Effective July 1, 1996, “multiunit assisted housing with services” means an assisted living residence in which hands-on personal care services and nursing services which are arranged by housing management are provided by a licensed home care or hospice agency, through an individualized written care plan. The housing management has a financial interest or financial affiliation or formal written agreement which makes personal care services accessible and available through at least one licensed home care or hospice agency. The resident has a choice of any provider, and the housing management may not

combine charges for housing and personal care services. All residents, or their compensatory agents, must be capable, through informed consent, of entering into a contract and must not be in need of 24-hour supervision. Assistance with self-administration of medications may be provided by appropriately trained staff when delegated by a licensed nurse according to the home care agency’s established plan of care.

Multiunit assisted housing with services programs are required to register with the Division of Health Service Regulation and to provide a disclosure statement. The disclosure statement is required to be a part of the annual rental contract that includes a description of the following requirements:

- a. Emergency response system
- b. Charges for services offered
- c. Limitations of tenancy
- d. Limitations of services
- e. Resident responsibilities
- f. Financial/legal relationship between housing management and home care or hospice agencies
- g. A listing of all home care or hospice agencies and other community services in the area
- h. An appeals process
- i. Procedures for required initial and annual resident screening and referrals for services.

Continuing care retirement communities, subject to regulation by the Department of Insurance under Chapter 58 of the General Statutes, are exempt from the regulatory requirements for multiunit assisted housing with services programs. *Source: Centralina Area Agency on Aging*

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