Are You Ready to Make the Move to Independent Living?

Today there seems to be a seismic shift underway in how older adults think about senior living. There may be several reasons to move into an independent living community. Downsizing is one of the popular reasons; there is no longer a need to live in a big house where home maintenance is always an issue. Everyday tasks like keeping the yard, cleaning gutters, fixing leaky faucets, and repairing the roof may be things you are ready to leave behind. Moving to independent living can be refreshing and surprisingly affordable. Seniors today are demanding more from their senior lifestyle and communities are rising to the occasion.

What is Independent Living?

Independent living communities are designed for adults, generally ages 55 and older, who don't need assistance with activities of daily living (ADLs). These seniors are looking for a living environment that offers additional support, onsite amenities

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as well as socializing opportunities and activities. These amenities sometimes include a community pool, clubhouse, tennis and pickle ball courts and social activities. It comes as no surprise that many seniors move to independent communities when they have experienced lifestyle changes such as death of a spouse, friends and family have moved away, or they no longer have interaction with co-workers on a daily basis.

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There are options to both buy and lease homes, condominiums and apartments in retirement communities. While many seniors still choose to age in place in their own homes, the benefits of making the move to an independent living community often become very appealing. Independent living offers a whole new world of possibilities and opportunities.