



Help for Patients, Survivors, and Caregivers

The American Cancer Society offers support in your community and online to help you during and after cancer treatment. Visit **cancer.org** or call us at **1-800-227-2345** for more information.

Free cancer information center

The American Cancer Society National Cancer Information Center offers help as you're dealing with cancer by connecting you to our caring, trained staff to answer questions about a diagnosis, identify resources, or provide a listening ear and guidance. We offer health insurance assistance, American Cancer Society programs, and referrals to other services. Call us at **1-800-227-2345** or visit **cancer.org** to live chat with us. We can assist in English, Spanish, and more than 200 other languages via a translation service.

Printed materials about cancer

Our materials can help you and your loved ones understand your diagnosis, treatment, and potential side effects, and provide detailed information on our programs and services. Our printed materials are available for free when you contact us at **1-800-227-2345** or through your cancer care team.

Places to stay during treatment

Our Hope Lodge® program provides a free, nurturing home away from home for cancer patients and their caregivers when they have to travel for treatment. In some areas where we don't have a Hope Lodge community or it is full, our Hotel Partners Program lets patients and caregivers stay for free or at reduced rates in hotels close to where they get treatment.

Rides to treatment

Our Road To Recovery® program provides patients in need with free rides to treatment. For those who cannot drive themselves or have no other means of getting to cancer-related medical appointments, volunteer drivers

donate their spare time to give patients a much-needed ride. Other transportation help may also be available in your community.

Patient navigation

Our patient navigators, available at many hospitals nationwide, help patients get the services they need so the rest of their cancer care team can focus on treatment. Patient navigators can also provide cancer and treatment information customized for each patient's diagnosis, help them find local resources to help make sure they get the treatment they need, and more.

Cancer Survivors NetworkSM

Visit **csn.cancer.org** to join our online community for people with cancer and their families. Find and connect with others in treatment, long-term survivors, or caregivers through our member search, discussion boards, chat rooms, and private Cancer Survivors Network email.

Look Good Feel Better[®]

The Look Good Feel Better program teaches women how to cope with appearance-related side effects of cancer treatment. Group workshops are free and led by licensed volunteer beauty professionals. Information and materials are also available for men and teens. This program is a collaboration of the American Cancer Society, the Look Good Feel Better Foundation, and the Professional Beauty Association.

Reach To Recovery®

The Reach To Recovery program matches breast cancer patients with trained volunteers who have had similar diagnoses and treatment plans to provide more personal, one-on-one support.

“tlc” – Tender Loving Care®

Some women wear wigs, hats, breast forms, and special bras after a mastectomy and hair loss. The “tlc” *Tender Loving Care* publication (**1-800-850-9445** or **tlcdirect.org**) offers affordable hair loss and mastectomy products, as well as clothing, along with advice on how to use those products.

American Cancer Society books

We have more than 40 award-winning books on specific cancers, general cancer information, caregiving, coping with cancer and side effects, emotional support, books for families and children, and more. You can purchase American Cancer Society books and e-books at **cancer.org/bookstore**, or book retailers nationwide.

Survivorship guidelines and resources

We have materials and resources for survivors to help with quality-of-life and other needs during and after cancer treatment. Our cancer survivorship guidelines for specific cancers help doctors manage the unique needs of survivors, and our nutrition and physical activity guidelines for survivors help you know how to live your best life and reduce your risk for cancer coming back.

Springboard Beyond Cancer

This online tool for cancer survivors created by the American Cancer Society and the National Cancer Institute is available at **survivorship.cancer.gov**. Patients and survivors can create personalized Action Decks, collections of selected information to help them better communicate with caregivers and their care teams to manage their physical and emotional care after a cancer diagnosis.

For caregivers

Cancer affects both you and your loved ones. Our information for caregivers at **cancer.org/caregivers** helps them care for you while also remembering their own needs and shows them how to ask for help and support.

Clinical trials

If you would like to learn more about clinical trials that might be right for you, start by asking your doctor if your clinic or hospital conducts clinical trials or contact our National Cancer Information Center at **1-800-227-2345** and speak with one of our trained specialists.

cancer.org

Our website offers access to the most recent and accurate cancer information and news and helps you find programs and services in your area. A few pages of note are:

- **cancer.org/survivors** – a hub for support and treatment topics, treatment and survivorship tools, and stories of hope to inspire you
- **cancer.org/treatmentdecisions** – cancer treatment decision tools and resources to help you get through cancer diagnosis and treatment
- **cancer.org/support** – more information about the American Cancer Society and other programs and services in your area
- **cancer.org/languages** – links non-English speakers to cancer information in other commonly spoken languages



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