

# CHECKLIST

## ALZHEIMERS CARE – SELECTION CRITERIA

SELECTION CRITERIA • CHOICE:	1	2	3
<b>Admission Criteria</b>			
• What limits are there on admission (must the person be able to walk, diagnosis etc.)			
• What would make the facility ask my loved one to move off the unit?			
• Will I get these criteria in writing?			
<b>Program Philosophy and Goals:</b>			
• Minimum use of restraints and medications			
• Ensure dignity, safety and family involvement			
<b>Plan of Care:</b>			
• Customized for each residents			
• Planning involves a “team” approach			
<b>Staff:</b>			
• Full-time program director and activity director			
• Knowledgeable of disease process and care techniques			
• Ongoing education and training by well informed professional sources			
• Staff to resident ratio – all 3 shifts			
• Specialist in dementia care			
<b>Program Structure:</b>			
• Individually tailored activities 7 days/week			
• Activities focused on resident abilities			
• Large group, small group and 1:1			
<b>Environment</b>			
• Self-contained, secure, cheerful, calm			
• Enclosed courtyard/backyard			
• Separate dining and activity space			
• Simple floor plan with visual cues			
• No odors			
<b>Nutrition</b>			
• Between meal snacks			
• Family style dining			
• Food presentation techniques that ease and encourage eating			
<b>Family Services</b>			
• Support group meetings			
• Education, counseling			
• Newsletter			
• Involvement in care planning			

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