



50 WAYS

We
care
for
you



SYNERGYHomeCare.com
Proudly independently owned and operated.

EXPERIENCE LIFE-ENERGIZING CARE ON YOUR OWN TERMS, IN YOUR OWN HOME.

1. Medication reminders
2. Transportation and escort to doctor's appointments
3. Light housekeeping
4. Alzheimer's and dementia care
5. Fall prevention
6. Companionship
7. Assisting with bathing/showering
8. Laundry and ironing clothes
9. Checking food expiration dates and freshness
10. Prepare healthy meals
11. Grocery shopping
12. Changing linens
13. Picking up prescriptions
14. Transportation to social activities
15. Answering the telephone
16. Planning the day's schedule
17. Caring for house pets
18. Safety supervision
19. Brain fitness activities
20. Bringing in mail and newspapers
21. Playing games and cards
22. Taking out the trash
23. Answering the door
24. Washing dishes
25. Grooming and hygiene
26. Dusting and vacuuming
27. Transportation to hairdresser
28. Meal planning and preparation
29. Assistance in and out of bed
30. Helping with wardrobe selection and dressing
31. Assistance with light exercise
32. Incontinence care
33. Family respite care
34. Letter writing
35. Assistance to family visits
36. Birthday and anniversary reminders
37. Shopping for gifts
38. Maintaining calendar
39. Scheduling appointments
40. Sorting and reading mail
41. Hospice and palliative care
42. Reading books, newspapers, magazines aloud
43. Assisting with art and crafts, puzzles, sewing
44. Personal care
45. Mailing bills and letters
46. Discussing current events
47. Escort to important events
48. Reminisce about the past
49. Renting and playing movies
50. Assistance watering houseplants

We'll help you get the most out of every day.

Call 843-936-2982